

Richland One School District
 APRIL 2021 C.A.C.F.P. Menu



| Week Three | 3/29/2021 | 3/30/2021 | 3/31/2021 | 4/1/2021 | 4/2/2021 |
|---------------|--------------------------------|---|---------------------------------|--|------------------------------------|
| | Turkey Ham and Cheese Wrap 25g | Cold Cut Sub 40g: 1 oz. Turkey Ham, 1 oz. Turkey, 2 Slices Cheese | Turkey Ham and Cheese Anytimers | Chicken Salad 16g: : 4 oz. Chicken Salad, 1 oz. RF Cheese | Turkey Ham and Cheese on Wedge 30g |
| | Optional: Assorted Chips | Optional: Assorted Chips | Optional: Assorted Chips | 1 C Garden Salad, 2 oz. grape tomatoes, 2 slices cucumbers | Optional: Assorted Chips |
| | 1/2 C Fresh Broccoli 8g | 1/2 C Fresh Grape Tomatoes 8g | 1/2 C Tropical Trio Veg 15g | 2 pks WGR Croutons 18 g | 1/2 C Fresh Carrots 9g |
| | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit |
| 4/5/2021 | | | | | |
| 4/6/2021 | | 4/7/2021 | | 4/8/2021 | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |

Revised 3/31/21

Garden Salad:
 Iceburg, Spinach, Shredded Carrots, Tomatoes

8oz Milk Offered Daily Carb Count:

FF Chocolate: 24g; 1% Low Fat: 13g FF Vanilla: 23g; Skim Milk: 13g



WATER AVAILABLE DAILY



**Richland One School District
APRIL 2021 C.A.C.F.P. Menu**

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

| | 4/12/2021 | 4/13/2021 | 4/14/2021 | 4/15/2021 | 4/16/2021 |
|-------------------|---|--|--|--|---|
| Week One | 1ea Turkey Ham and Cheese Croissant 28g | Turkey and Cheese Sub 40g | Chicken Salad on hoagie roll 41g | Chicken Tender Salad 31g : 3 oz. Chicken Tenders | Turkey and Cheese on Wrap 25g |
| | Optional: Assorted Chips | Optional: Assorted Chips | Optional: Assorted Chips | 1 C Garden Salad, 2 oz. grape tomatoes, 2 slices cucumbers | Optional: Assorted Chips |
| | 1/2 C Fresh Broccoli 8g | 1/2 C Fresh Grape Tomatoes 8g | 1/2 C Tropical Trio Veg 15g | 2 pks WGR Croutons | 1/2 C Fresh Carrots 9g |
| | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit |
| Week Two | 4/19/2021 | 4/20/2021 | 4/21/2021 | 4/22/2021 | 4/23/2021 |
| | Turkey and Cheese Wedge Sandwich 25g | Chicken Fajita Wrap 25g | Crustless Sunbutter and Jelly Sandwich 33g | Chef Salad 12g: 1 oz Turkey Ham & 1 oz Cheese, 1/2 Boiled egg | 1 ea. Turkey Ham and Cheese Sub 40g |
| | Optional: Assorted Chips | Optional: Assorted Chips | Optional: Assorted Chips | 1 C Garden Salad, 2 oz. grape tomatoes, 2 slices cucumbers | Optional: Assorted Chips |
| | 1/2 C Fresh Broccoli 8g | 1/2 C Fresh Grape Tomatoes 8g | 1/2 C Tropical Trio Veg 15g | 2 pks WGR Croutons | 1/2 C Fresh Carrots 9g |
| | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit |
| | | | | | |
| Week Three | 4/26/2021 | 4/27/2021 | 4/28/2021 | 4/29/2021 | 4/30/2021 |
| | Turkey Ham and Cheese Wrap 25g | Cold Cut Sub 40g: 1 oz. Turkey Ham, 1 oz. Turkey, 2 Slices Cheese | Turkey Ham and Cheese Anytimers | Chicken Salad 16g: 4 oz. Chicken Salad, 1 oz. RF Cheese | Turkey Ham and Cheese on Wedge 30g |
| | Optional: Assorted Chips | Optional: Assorted Chips | Optional: Assorted Chips | 1 C Garden Salad, 2 oz. grape tomatoes, 2 slices cucumbers | Optional: Assorted Chips |
| | 1/2 C Fresh Broccoli 8g | 1/2 C Fresh Grape Tomatoes 8g | 1/2 C Tropical Trio Veg 15g | 2 pks WGR Croutons | 1/2 C Fresh Carrots 9g |
| | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit | 1 ea. Assorted Fresh Fruit |
| | | | | | |

Revised 3/31/21

Garden

Salad:

Iceburg, Spinach, Shredded Carrots, Tomatoes

8oz Milk Offered Daily Carb Count:

FF Chocolate: 24g; 1% Low Fat: 13g FF Vanilla: 23g; Skim Milk: 13g



WATER AVAILABLE DAILY *THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER